# EXACTECHEXTREMITIES

**Operative Technique Addendum** 





Flat Cut Talus - Fixed Bearing System Decoupled Cut Technique



Surgeon focused. Patient driven.™

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#### NOTE

This document presents the decoupled cut addendum to the standard Vantage<sup>®</sup> Total Ankle System Fixed Bearing operative technique to include the Vantage Ankle Flat Cut Talus devices.

The Vantage Ankle Flat Cut Talus implants are inserted using steps similar to those used to insert the standard Vantage Ankle. The steps described in this decoupled cut operative technique addendum address the steps specific to the Flat Cut Talus implants and related instrumentation.

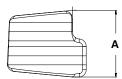
#### **INTRODUCTION**

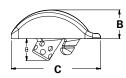
Thank you for considering the Vantage Ankle Flat Cut Talus System. The Vantage Ankle Flat Cut System is the newest addition to the Vantage Ankle family and builds on the design history and research of our standard system. Created by the collaborative effort of engineering research and the global thought leaders, the Vantage Ankle Flat Cut talus is being introduced to provide a talar dome replacement option for patients who have suffered greater extent of talar bone damage due to severe rheumatoid, post-traumatic, or degenerative arthritis than can be adequately addressed by standard Vantage Ankle talar implants, but are still candidates for total ankle arthroplasty, per surgeon evaluation.

# SYSTEM SPECIFICATIONS

#### FIXED BEARING FLAT CUT TALUS

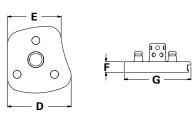
| Length (mm)                          | Size 1 | Size 2 | Size 3 | Size 4 | Size 5 |
|--------------------------------------|--------|--------|--------|--------|--------|
| Medial/Lateral - A                   | 29     | 31.2   | 33.5   | 35.7   | 38     |
| Cage Height (8mm) -<br>For All Sizes | Size 1 | Size 2 | Size 3 | Size 4 | Size 5 |
| Thickness (mm) - B                   | 11     | 11.3   | 11.6   | 12     | 12.3   |
| A/P (mm) - C                         | 34.3   | 36.9   | 38.8   | 40.6   | 43     |





#### FIXED BEARING TIBIA

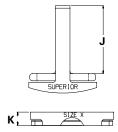
| Measurements (mm)   | Size 1 | Size 2 | Size 3 | Size 4 |
|---------------------|--------|--------|--------|--------|
| Anterior Width - D  | 31.4   | 32.6   | 33.8   | 35.1   |
| Posterior Width - E | 26.4   | 27.8   | 29.1   | 30.5   |
| Thickness - F       | 5.2    | 5.2    | 5.2    | 5.2    |
| A/P Length - G      | 33     | 36.5   | 40.6   | 44.7   |



| Peg and Cage<br>Measurements (mm) -<br>For All Sizes | Bone<br>Cage | Pegs |           |
|--|--------------|------|-----------|
| Height - H   | 9            | 5    | H A B A A |
| Diameter - I   | 8            | 4    |           |

#### LOCKING CLIP

| Locking Clip<br>Measurements (mm) | Size 1 | Size 2 | Size 3 | Size 4 | Size 5 |
|-----------------------------------|--------|--------|--------|--------|--------|
| Length of Locking Feature<br>- J  | 21.4   | 21.4   | 21.4   | 21.4   | 21.4   |
| Thickness - K                     | 3.4    | 3.4    | 3.4    | 3.4    | 3.4    |



#### FIXED BEARING POLYETHYLENE (MM) - FOR ALL TALUS SIZES

| Labeled<br>Thickness | Minimum<br>Thickness |           | Full Construct (mm)   | Size 1     | Size 2 | Size 3 | Size 4 | Size 5 |
|----------------------|----------------------|-----------|-----------------------|------------|--------|--------|--------|--------|
| (mm)                 | (mm) - L             | ANTERIOR  | Resection Height with | 20.2       | 20.5   | 20.8   | 21.2   | 21.5   |
| 6                    | 4                    |           | 6mm Liner - M         | 20.2       | 20.5   | 20.0   | Z 1.Z  | 21.5   |
| 7                    | 5                    |           |                       |            |        |        |        |        |
| 8                    | 6                    |           |                       | <b>D</b> O |        |        |        |        |
| 10                   | 8                    | POSTERIOR |                       |            | je .   |        |        |        |
| 12                   | 10                   |           |                       | 4+         |        |        |        |        |
|                      |                      | FRONT     |                       | Leo,       | M      |        |        |        |

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# OPERATIVE TECHNIQUE OVERVIEW

Please reference Vantage Total Ankle Fixed Bearing Operative Technique (721-00-30) Overview until figure 8.



**Figure A** Place the Adjustable Talar Cutting Block

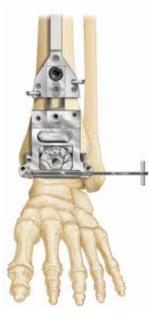
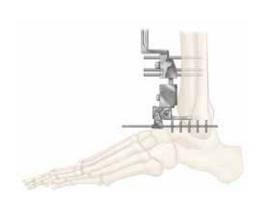


Figure B Insert the Angel Wing



Figure C Assess Slope and Pin Proximal Holes



**Figure D** Insert the Angel Wing and Assess Resection Height



**Figure E** Pin the Distal Holes of the Adjustable Cutting Block



**Figure F** Remove the Talar Resection

# OPERATIVE TECHNIQUE OVERVIEW



**Figure G** Place Flat Cut Talus Trial With Scissor Inserter



Figure H Insert Gap Check Tool and Verify Resection Gap



Figure I Check the Talus Trial Position with a Lateral Shot



**Figure J** Pin the Flat Cut Talus Trial



**Figure K** Use Talus Drill to Clear Anterior Holes



**Figure L** Use Coring Drill to Prepare the Center Hole for the Bone Cage **Figure M** Place and Pin Tibial Punch Guide in Place



Figure N Final Implant

#### SURGICAL PEARL

Add bone graft to the flat cut talus central cage prior to impaction.

Please reference the Vantage Total Ankle Fixed Bearing Operative Technique (721-00-30) Overview figures 19 through 21 for the preparation of the tibial bone and implantation of the implant construct.

# SYSTEM USE SPECIFICATIONS

#### **INTENDED USE**

The Vantage Ankle Flat Cut Talus System is a semiconstrained ankle replacement intended for the treatment of severe arthritis in the ankle. The implant assembly includes four components: the flat cut talus, tibia, polyethylene liner and locking piece. The tibial and talar components are cemented to the distal tibia and proximal talus, respectively.

#### **INDICATIONS FOR USE**

The Vantage Total Ankle System is indicated for patients with ankle joints damaged by severe rheumatoid, post-traumatic, or degenerative arthritis. It is also indicated for revision of failed previous reconstructions where sufficient bone stock and soft tissue integrity are present.

The Vantage Total Ankle System is indicated for cemented use only.

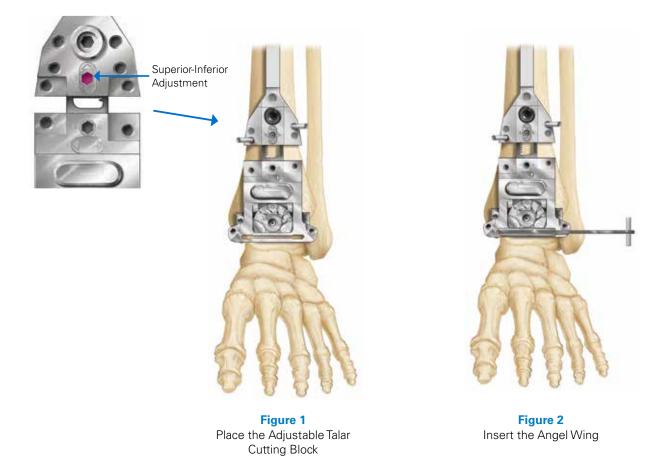
#### **CONTRAINDICATIONS FOR USE**

Use of the Vantage Total Ankle System is contraindicated in the following situations:

- Excessive bone loss at the ankle joint site
- Severe osteoporosis
- Complete talar avascular necrosis
- Active osteomyelitis
- Infection at the ankle site or infection at distant sites that could migrate to the ankle
- Sepsis
- Vascular deficiency in the involved limb
- Cases where there is inadequate neuromuscular status (i.e. prior paralysis, fusion and/or inadequate abductor strength)
- Neuropathic joints
- Neurological or musculoskeletal disease or loss of function that may adversely affect movement of the lower limb, gait or weight-bearing
- Poor soft tissue coverage around the ankle
- Charcot arthropathy
- Previous ankle arthrodesis with excision of the malleoli
- · Excessive loads as caused by activity or patient weight
- Skeletally immature patients (patients less than 21 years old at the time of surgery)
- Dementia
- Known metal allergies
- Pregnancy

Please reference Vantage Total Ankle Fixed Bearing Operative Technique (721-00-30) until page 16.

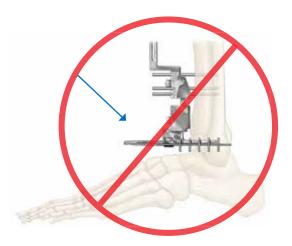
**Note:** Since the instruction flow in this addendum is tight to the original operative technique (721-00-30), any change to the original operative technique should be evaluated for its impact on the content and instruction flow in this addendum.



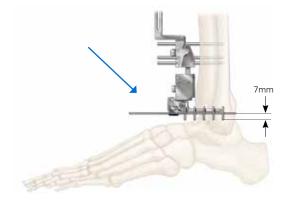
After clearing the resected tibial bone, the **Adjustable Talar Cutting Block** is placed onto the **Alignment Guide** (*Figure* 1). The adjustable talar cutting block should be extended as far as possible distally, using the superior-inferior adjustment on the alignment guide. This will allow for proper tensioning of the soft tissues. Care should be taken to ensure the paddle is both contacting the talar bone and centered on it.

Insert the **Angel Wing** into the cutting slot of the block (*Figure 2*). Hold the foot in neutral dorsiflexion and the heel in slight valgus.

SURGICAL APPROACH



MALALIGNMENT



**PROPER ALIGNMENT** 

Figure 3 Ensure Proper Alignment of the Guide to Gauge the Resection Slope



Figure 4 Review Lateral Fluoroscopic Image for Slope

A lateral fluoroscopic image should be taken at this point to assess the plane of talar cut (*Figures 3 and 4*). Ensure that the Angel Wing is at its thinnest. The slope may be adjusted by sliding the proximal guide along the tubercle pin shaft.



Figure 5 Pin Proximal Holes on Adjustable Talar Cutting Block

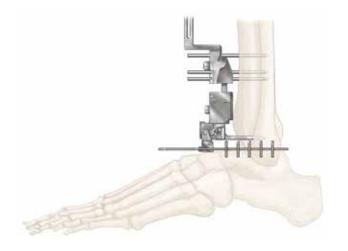
Figure 6 Insert the Angel Wing and Assess Resection Height

When the proper resection plane is achieved, two pins can be inserted into the proximal pin holes (*Figure 5*).

**Note:** This Adjustable Cutting Block uses a similar mechanism to the Alignment Guide and can be adjusted from 2-12mm in 2mm increments.

Adjust the resection level of the block to 8mm, however assess the state of the talar dome. In cases of severe talar dome collapse, adjust the resection level to 2-4mm. Insert the Angel Wing for final resection height assessment (*Figure 6*).

SURGICAL APPROACH



**Figure 7** Review the Resection Height with a Lateral Fluoroscopic Image

Figure 8
Pin the Distal Holes of the Adjustable Talar Cutting Block

A lateral fluoroscopic image should be taken at this point to assess the resection height of the talar cut. The level of the resection can be adjusted by using the superior-inferior adjustment of the block. For reference, the Angel Wing pins are 7mm tall (*Figure 7*). When the proper orientation is achieved, the two distal talar block stabilizing pins are inserted, and the proximal pins are removed (*Figure 8*).

Resect the talus with an oscillating saw.



Figure 9 Remove the Talar Resection



**Figure 10** Place Flat Cut Talus Trial with Scissor Inserter

Clear the resected talar bone and ensure a rectangular opening (*Figure 9*).

Attach the **Scissor Inserter** to the **Flat Cut Talus Trial** and place it on the cut surface (*Figure 10*). Check the M/L coverage to determine the appropriate size. Ensure the rotation of the trial is correct; the second ray of the foot is recommended as an indicator.

SURGICAL APPROACH



Figure 11 Insert the Fixed Bearing Gap Check Tool

Insert the corresponding size **Flat Cut Fixed Bearing Gap Check Tool** on top of the trial (*Figure 11*).

#### SURGICAL PEARL

Do not remove the Alignment Guide until you verify there is sufficient resection with the Flat Cut Fixed Bearing Gap Check Tool and trial. This will make the process easier if you need to recut.

**Note:** Certain images are shown without the Alignment Guide to provide better visibility of other instruments in specific surgical steps.

The Flat Cut Fixed Bearing Gap Check Tool represents the tibial shape. It will identify risk of impingement laterally with the fibula. Impingement at this point may be corrected by resecting more of the medial malleolus. The Flat Cut Fixed Bearing Gap Check Tool and trial stack-up represents the minimum implant stack-up thickness.

If all resections are complete and the resection is sufficient, the Alignment Guide may be removed.



Figure 12 Ensure Proper Position of Talar Trial with Fluoroscopic Image



Figure 13 Pin the Flat Cut Talus Trial

A lateral fluoroscopic image should be taken to ensure complete coverage of the resected talus (*Figure 12*).

#### SURGICAL PEARL

The circular fluoroscopic hole should be above the lateral process.

Once the desired position is achieved, two anterior pins should be placed into the Flat Cut Talus Trial for stability (*Figure 13*). The Flat Cut Fixed Bearing Gap Check Tool should then be removed taking care not to dislodge the pins.





Figure 14 Use Talus Drill to Clear Anterior Holes

**Figure 15** Use Coring Drill to Prepare the Center Hole for the Bone Cage

Attach the **Talus Drill** to a Zimmer-Hudson adapter and prepare the two anterior holes in the trial *(Figure 14)*.

Attach the **Coring Drill** to the Zimmer-Hudson adapter and prepare the center hole for the cage *(Figure 15)*.

The Coring Drill is cannulated. A pin or K-wire up to 3.2mm in diameter can be used to clear the bone from the drill. This bone could be used in the cage of the talar implant.

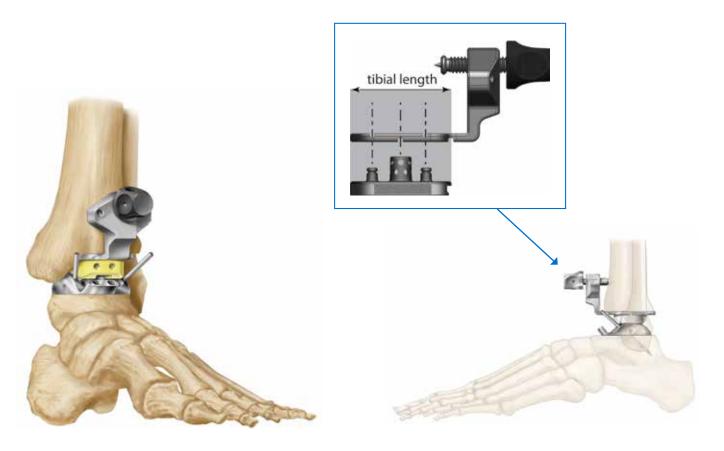


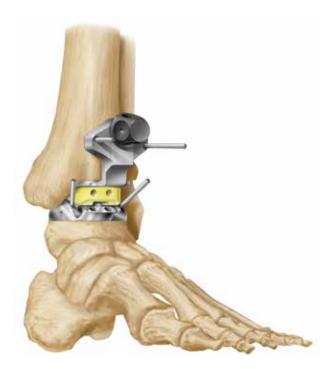
Figure 16 Place Appropriately-Sized Tibial Punch Guide

Figure 17 Confirm Tibial Size and Placement – Lateral View

Choose the appropriately-sized **Tibial Punch Guide** and **Punch Liner Trial** and then place onto the talus trial (*Figure 16*).

Check the A/P position of the tibial component. A lateral fluoroscopic image will show where the tibial plate cage will be located (*Figure 17*). Adjust using the anterior knob. The Punch Guide has markings for the anterior and posterior pegs as well as the center cage. The A/P size of the implant is marked by a large notch anteriorly and by the posterior edge of the Punch Guide.

SURGICAL APPROACH





**Figure 18** Pin Tibial Punch Guide in Place

Figure 19 Final Assembly

Once the appropriate size has been selected, articulate the joint and ensure the rotation of the tibial component is correct. Check the range of motion and look for evidence of lift-off during articulation. This confirms proper alignment between the tibia and talus. Once the position is correct, place the **Oblique Pins** into the Tibial Punch Guide to lock the position (*Figure 18*).

Remove the Flat Cut Talus Trial and punch liner to create space.

Please reference the Vantage Total Ankle Fixed Bearing Operative Technique, 721-00-30, for the preparation of the tibial bone and implantation of the implant construct on pages 28-31. Add bone graft to the Flat CutTalus central cage prior to impaction.

See Figure 19 for how the final implant assembly will look.

SURGICAL PEARL

### **INSTRUMENT LISTING**

-

| 351-00-06   | Adjustable Cutting Block, 2-12mm  |  |
|---|---|--|
| 351-03-11<br>351-03-12<br>351-03-13<br>351-03-14<br>351-03-15 | Flat Cut Talus Trial, Left, Size 1<br>Flat Cut Talus Trial, Left, Size 2<br>Flat Cut Talus Trial, Left, Size 3<br>Flat Cut Talus Trial, Left, Size 4<br>Flat Cut Talus Trial, Left, Size 5      |  |
| 351-04-11<br>351-04-12<br>351-04-13<br>351-04-14<br>351-04-15 | Flat Cut Talus Trial, Right, Size 1<br>Flat Cut Talus Trial, Right, Size 2<br>Flat Cut Talus Trial, Right, Size 3<br>Flat Cut Talus Trial, Right, Size 4<br>Flat Cut Talus Trial, Right, Size 5 |  |
| 351-06-00   | Flat Cut Talus Coring Drill   |  |
| 351-10-21   | Flat Cut Fixed Bearing Gap Check Tool,<br>Sizes 1 and 2   |  |
| 351-10-22   | Flat Cut Fixed Bearing Gap Check Tool,<br>Sizes 3 and 4   |  |

# IMPLANT LISTING

| 350-03-01 | Flat Cut Talus, Left, Size 1  |
|-----------|-------------------------------|
| 350-03-02 | Flat Cut Talus, Left, Size 2  |
| 350-03-03 | Flat Cut Talus, Left, Size 3  |
| 350-03-04 | Flat Cut Talus, Left, Size 4  |
| 350-03-05 | Flat Cut Talus, Left, Size 5  |
| 350-04-01 | Flat Cut Talus, Right, Size 1 |
| 350-04-02 | Flat Cut Talus, Right, Size 2 |
| 350-04-03 | Flat Cut Talus, Right, Size 3 |
| 350-04-04 | Flat Cut Talus, Right, Size 4 |
| 350-04-05 | Flat Cut Talus, Right, Size 5 |
|           |                               |



Size 1 Size 2 Size 3 Size 4 Size 5

| NOTES |  |
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Exactech is proud to have offices and distributors around the globe. For more information about Exactech products available in your country, please visit www.exac.com.

For additional device information, refer to the Exactech Vantage® Total Ankle Fixed Bearing System–Instructions for Use for a device description, indications, contraindications, precautions, and warnings. The Vantage Total Ankle Fixed Bearing System is not available for sale outside the United States, except New Zealand. For further product information, please contact Customer Service, Exactech, Inc., 2320 NW 66th Court, Gainesville, Florida 32653-1630, USA. (352) 377-1140, (800) 392-2832 or FAX (352) 378-2617.

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