

**GET BACK
TO WHAT
YOU LOVE**

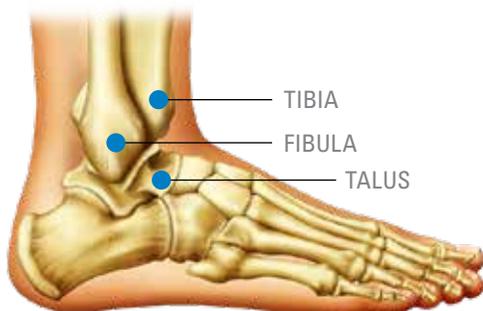
If you are suffering from persistent pain due to arthritis or injury, your orthopaedic surgeon may recommend an ankle fusion.

Your ankle joint works like a hinge and is responsible for moving your foot up and down. The tibia, talus and fibula are the bones that construct the ankle joint, and covering them is a smooth substance called cartilage, which acts as a cushion to reduce the friction between your bones as they move. If your cartilage wears down, arthritis can develop and cause loss of motion and pain.

If non-surgical treatments do not provide relief, your doctor may recommend surgery. Common surgical options include total ankle replacement or ankle fusion.

In an ankle fusion, the ankle bones are fused together through pins, plates, screws and/or rods, which hold the bones together until they are healed and become one bone. The goal of this procedure is to reduce pain from the arthritic joint.

Every patient's recovery experience is unique, but a majority can return to partial weight-bearing activities three weeks after surgery. Be sure to talk with your doctor about what's expected.





EPIC EXTREMITY FUSION PLATE SYSTEM

The EPIC Extremity Fusion Plate System was designed by foot and ankle surgeons who are passionate about getting patients back to what they love.



FEATURES AND BENEFITS

- Low-profile and preformed plates are designed for anatomical fit.
- Plates are made of titanium.
- The system has a variety of plate options, allowing your surgeon to decide what is best for you.



ADDITIONAL PLATING OPTIONS AVAILABLE